



MIRIAM'S FAVOURITE INSPIRATIONAL QUOTES

A List of 55 quotes from famous
(and not so famous) authors and poets

You are a rich and creative spiritual being.
You can never be less than this.
You may frustrate your potential.
You may identify with that which is less than what you
can be.
But within you now and always is the unborn possibility
of a limitless experience of
inner stability and outer treasure,
and yours is the privilege of giving birth to it.
And you will, if you can believe.
-- Eric Butterworth

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I will love the light for it shows me the way, yet I  
will endure the darkness for it shows me the stars.  
-- Og Mandino

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Worry never robs tomorrow of its sorrow. It only saps
today of its joy.
-- Leo Buscaglia

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As soon as you trust yourself, you will know how to  
live.  
-- Goethe

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People are like stained glass windows: they sparkle and shine when the sun's out, but when the darkness sets in, their true beauty is revealed only if there is light within.

-- Elizabeth Kubler-Ross

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Don't worry about what the world needs. Ask what makes you come alive and do that. Because what the world needs are people who have come alive.

-- Howard Thurman

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Hope is the thing with feathers that perches in the soul, and sings the tune without the words, and never stops at all.

-- Emily Dickenson

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We cannot direct the wind, but we can adjust the sails.

-- Bertha Calloway

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People often say that motivation doesn't last. Well, neither does bathing... that's why we recommend it daily.

-- Zig Ziglar

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You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do.

-- Eleanor Roosevelt

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Out of your vulnerabilities will come your strength.
-- Sigmund Freud

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There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.  
-- Albert Einstein

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I used to live in a cramped house with confusion and pain.
But then I met the Friend and started having fun and singing all night.
Confusion and pain started acting nasty and making threats like this,
'If you don't stop 'that' -- all that fun...
Then we're leaving.'
-- Hafiz

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The world is full of poetry. The air is living with its spirit; and the waves dance to the music of its melodies, and sparkle in its brightness."  
-- Percival

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Whatever the present moment contains --
accept it as if you had chosen it.
Accept -- then act.
Always work with it, not against it.
Make the present your friend and ally,
not your opponent.
This will miraculously transform your whole life.
-- Eckhart Tolle

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As we cultivate peace and happiness in ourselves, we  
also nourish peace and happiness in those we love.  
-- Thich Nhat Hanh

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The problem is not how to wipe out all differences,
but how to unite with all differences intact.
-- Rabindranath Tagore

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Don't cling to anything and don't reject anything. Let  
come what comes, and accommodate yourself to that,  
whatever it is.  
If good mental images arise, that is fine. If bad  
mental images arise, that is fine, too. Look on all of  
it as equal, and make yourself comfortable with  
whatever happens.  
Don't fight with what you experience, just observe it  
all mindfully.  
-- Bhante Henepola Gunaratana

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Gratitude is the most exquisite form of courtesy.
-- Jacques Maritain

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Becoming whole is becoming authentic, becoming yourself  
- whosoever you are, whatsoever you are.  
Accept your limitations, accept your imperfections.  
That's what it means to be a human being.  
-- Osho

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Anyone who keeps the ability to see beauty
never grows old.
-- Franz Kafka

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Before you speak, ask yourself, is it kind, is it  
 necessary, is it true, does it improve on the silence?  
 -- Sai Baba

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The question I am asked daily by the world...
 Was that all you wanted?
 -- Genine Lentine

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Deep at the centre of my being,  
 There is an infinite well of love.  
 I now allow this love to flow to the surface.  
 It fills my heart, my body, my mind,  
 my consciousness, my very being.  
 It radiates out from me in all directions  
 and returns to me multiplied.  
 The more love I use and give,  
 the more I have to give,  
 The supply is endless.  
 -- Louise Hay

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I wish I could show you, when you are lonely or in
 darkness, the astonishing Light of your own Being.
 -- Hafiz

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The pessimist sees difficulty in every opportunity.  
 The optimist sees opportunity in every difficulty.  
 -- Sir Winston Churchill

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You can't stop the waves, but you can learn to surf.
 -- Unknown

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And the day came when the risk to remain tight in the bud was more painful than the risk it took to blossom.  
-- Anais Nin

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You suppose you are the trouble
but you are the cure
You suppose that you are the lock on the door
but you are the key that opens it
It is too bad that you want to be someone else
You don't see your own face, your own beauty
Yet, no face is more beautiful than yours.
-- Rumi

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Don't be dismayed with goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetimes, is certain for those who are friends.  
-- Richard Bach

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The lover of life makes the whole world into his family.
-- Charles Baudelaire

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I never travel without my diary. One should always have something sensational to read in the train.  
-- Oscar Wilde

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I think books are like people, in the sense that they'll turn up in your life when you most need them.
-- Emma Thompson

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I awake in the morning,  
torn between a desire to save the world,  
and a desire to savour the world.  
That makes it hard to plan the day.  
-- E.H. White

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I am of the opinion that my life belongs to the
community, and as long as I live, it is my privilege
to do for it whatever I can. I want to be thoroughly
used up when I die, for the harder I work, the more I
live. Life is no 'brief candle' for me. It is a sort
of splendid torch which I have got hold of for a
moment, and I want to make it burn as brightly as
possible before handing it on to the next generation.
-- George Bernard Shaw

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The future belongs to those who believe in the beauty  
of their dreams.  
-- Eleanor Roosevelt

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Use what talent you possess. The woods would be very
silent if no bird sang except those that sang the very
best.
-- Henry van Dyke

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Excellence isn't about surpassing others. It's not  
about perfection, either. It's discovering how far  
you can be carried by passion, excitement and  
curiosity.  
-- Oprah Winfrey

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The subject tonight is Love
 And for tomorrow night as well.
 As a matter of fact I know of no better topic
 For us to discuss
 Until we all die!
 -- Hafiz

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The most important thing in life is to learn how to  
 give out love, and to let it come in.  
 -- Morrie Schwartz

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Settling for anything less than we desire or know we
 deserve is how we begin to betray ourselves, moment by
 moment, day by day. When we disown and discount
 ourselves, so does the world.
 -- Sarah Ban Breathnach

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It's not your work to make anything happen.  
 It's your work to dream it and let it happen.  
 Law of Attraction will make it happen.  
 In your joy, you create something, and then you  
 maintain your vibrational harmony with it,  
 and the Universe must find a way to bring it about.  
 That's the promise of Law of Attraction.  
 -- Abraham (via Esther Hicks)

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You are only one inch, one step, one idea, from turning
 onto the boulevard of beauty in your own life.
 -- Somerset Maugham

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Affluence is the experience in which our needs are  
 easily met and our desires spontaneously fulfilled.  
 -- Deepak Chopra

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I have a feeling that my boat has struck
 down there in the depth
 against the great thing,
 and nothing happens,
 nothing.
 Silence.
 Waves.
 Nothing happens.
 Or has everything happened
 and are we now quietly
 standing in the new life?"
 -- Juan Ramone Jimenez

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The real voyage of discovery consists not in seeking  
 new landscapes, but in having new eyes.  
 -- Marcel Proust

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I am forever walking upon these shores,
 Betwixt the sand and the foam.
 The high tide will erase my foot prints,
 And the wind will blow away the foam.
 But the sea and the shore will remain
 For ever.
 -- Kahlil Gibran

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True friendship multiplies the good in life and divides  
 its evils. Strive to have friends, for life without  
 friends is like life on a desert island. To find one  
 real friend in a lifetime is good fortune; to keep him  
 is a blessing.  
 -- Baltasar Gracian

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Let the beauty of what you love be what you do.
 -- Rumi

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To the spirit of abundance that is in each of you.  
 May you recognize your greatness,  
 Discover your path  
 And make the contribution you came to make.  
 -- Orin & DaBen

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If one advances confidently in the direction of his
 dreams, and endeavors to live the life which he has
 imagined, he will meet with a success unexpected in
 common hours.
 -- Henry David Thoreau

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People say that what we're all seeking is the meaning  
 of life. I don't think that's what we're really  
 seeking. I think that what we're seeking is an  
 experience of being alive, so that our life experiences  
 on the purely physical plane will have resonances  
 within our innermost being and reality, so that we  
 actually feel the rapture of being alive.  
 -- Joseph Campbell

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What a wonderful life I've had! I only wish I'd
 realized it sooner.
 -- Colette

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Cherish your visions and your dreams, as they are the  
 children of your soul; the blueprints of your ultimate  
 achievements.  
 -- Anonymous

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When I no longer had the luxury to indulge in fear,
 That's when courage took me by the hand.
 -- Miriam Schafer

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